

DRINKS

PICK YOUR BLEND

BLACKWHITE: FULL BODY **OR** FLAME TREES: MILD, SMOOTH

SMALL 5 MEDIUM 5.5 T/A LARGE 6

T/A MEGA 7 BUCKET 8.5

Cappuccino. Latte. Flat White. Long Black. Hot Chocolate

Mocha +80c. White Mocha +80c. Dirty Chai +80c.

Chai Latte. Golden Latte. White Hot Chocolate.

Espresso 4.2 Piccolo 4.5 Macchiato 4.5

Babycino 2.5 Puppucino 3.5

All Added Extras +80c each

Extra Shot Coffee / Chocolate / Chai / Honey

Vanilla / Caramel / Hazelnut / White Choc / Peppermint Syrup

Lactose Free / Almond / Oat / Soy

RED SPARROW TEA LEAF

Pot Tea for One 4.5 Pot Tea for Two 7

English Breakfast. French Earl Grey. Lemongrass Ginger. Lemongrass Ginger.

Australian Breakfast. Peppermint. Aussie Green. Japanese Garden. Vanilla Chai.

ICED DRINKS Made with ice S 5.3 M 6.3 L 8

ICE CREAM DRINKS w/ ice cream & cream S 6.5 M 8 L 9.5

Coffee. Chocolate. Mocha. White Chocolate. Chai. Dirty Chai.

FRAPPES blended with ice topped with cream S 6.5 M 8 L 9.5

Caramel Cookie. Choc Overload. White Choc bueno. Sweet Coffee. Lychee Crush

SMOOTHIES S 6.5 L 10 BOWL 18

ADD VANILLA PROTEIN +3

Banana Cin Banana, frozen yoghurt, milk, cinnamon & honey

Mixed Berry Mixed berries, frozen yoghurt, milk & honey

Berry Acai Mixed berries, frozen acai, banana, frozen yoghurt & almond milk

Banana Choc Banana, Choc powder, frozen yoghurt & milk



WILD ONE ORGANIC SPECIALTY DRINKS 7

Orange. Apple. Pineapple. Banana, Mango & Apple. Peach Iced Tea.

MILKSHAKE S 4 M 6 L 8

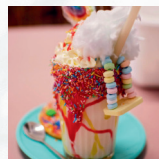
THICKSHAKE S 6 M 8 L 10

Chocolate, Vanilla, Caramel, Strawberry, Lime, Banana, Bubblegum, Malt

KIDS RAINBOW CRAZY SHAKE 12

Pick your flavour milkshake, decorated with whipped cream,

sprinkle, rainbow lollies & a freckle cookie



MIXED DRINKS 5.5 Passionfruit. Lime. Portello. Rockstar. Reg or Diet Ginger Beer

MIXED DRINKS 3.5 Coke. No Sugar Coke. Lemonade. Solo.

BOTTLE WATER 3.5 SPARKLING WATER 4.5



We are allergy friendly although menu items may contain or come into contact with WHEAT, EGGS, PEANUTS, TREE NUTS, and MILK.

*Gluten free & Vegan options available. Please let staff know
10% SURCHARGE WEEKENDS
15% SURCHARGE PUBLIC HOLIDAYS



BREAKFAST AVAILABLE 7 DAYS

Half Serves available. Just ask our staff

**Sharing a big meal?

Thats okay, although A \$5 surcharge will be added

\$7 add Ons

Lambs Fry & Gravy,
Smoked Salmon

\$4 add Ons

Hash Brown, Mushrooms,
Avocado, Grilled Tomato,
Rasher Bacon, Baked Beans. Egg.
Haloumi.

80c add Ons

Tomato Sauce, BBQ Sauce,
Worcestershire

\$3.5 each

Slice Cinnamon Toast
Slice Raisin Toast
Gluten Free Raisin Toast +50c

BREAKFAST

GLUTEN FREE BREAD +2

GLUTEN FREE ROLL OR SOURDOUGH +2.5

UPGRADE EGGS TO SCRAMBLED +2.5 OR TO POACHED +1

Breakfast Muffin 8 Deluxe Breakfast Muffin 11

>Sausage & Egg

>Bacon & Egg

Bacon. Egg. Sausage Patty. Cheese.
Hashbrown

Bacon & Egg Roll *GF 12.5 The P.H.D Burger 25

Breaky Wrap 15

Bacon. Egg. Hashbrown. Cheese.
BBQ Sauce

Dbl Bacon. Dbl Egg. Sausage Patty.
Hashbrown. Cheese. Onion Rings

Fried Eggs *GF 12

Eggs. Toast. Tomato Relish

Vegie Breaky Wrap 15
Haloumi. Egg. Hashbrown. Mushroom.
Avocado. Tomato Relish

Lamb fry & Bacon *GF 17

Lamb fry. Bacon. Onion Gravy.
Toast

Bacon & Eggs or *GF 17

Beef Sausages & Eggs *GF 17
Served w/ Tomato Relish & Toast

Avocado Stack *GF V 20

Sourdough. Avocado. Bruschetta.
Goats Fetta. Balsamic Glaze

Lamb fry Feast *GF 26

Bacon. Lamb fry. Egg. Tomato. Hash
brown. Onion Gravy. Toast

Vegie Feast *GF V 26

Eggs. Haloumi. Avocado. Lemon.
Mushroom. Tomato. Hash brown.
Baked Beans

Cheesy Omelette w/choice 25

of 3 fillings & Toast *GF 25
Ham, Bacon, Chicken, Tomato,
Mushroom, Onion, Pineapple

Roasted Vegie Stack *GF V 26

Sourdough. Fritter. Sweet potato.
Capsicum. Avocado. Poached Eggs.
Tomato. Mushroom. Pumpkin

Cinnamon French Toast 22

Brioche. Bacon. Fresh Fruit. Canadian
Maple. Ice Cream

Pancake Stack or Belgian 20 Waffle

Canadian Maple. Ice cream. Icing
Sugar. Fresh Fruit

Canadian Breakfast 26

Belgian Waffle. Bacon. Scrambled
Egg. Fresh Fruit. Canadian Maple

B & B Pancakes 26

Crispy Bacon. Grilled Banana.
Canadian Maple. Ice cream

Flamin' Fritters 26

Fritters. Bacon. Poached Eggs.
Hollandaise. Tomato Chutney.

Flame Trees Feast *GF 26

Bacon. Eggs. Sausage. Mushroom.
Haloumi. Hash brown. Avocado.
Lemon

Salmon Eggs Benedict *GF 26

Smoked Salmon. Dill Hollandaise.
Asparagus. Poached Eggs. Crispy
Capers. Lemon

Classic Eggs Benedict *GF 22

>Bacon

>Ham

>Avocado & Haloumi

>BBQ Pulled Pork

LUNCH

Breads: White or Whole grain

GF Bread \$2 GF Roll or Sourdough \$2.5

*GFV **Toasted Melts Served with Chips & Salad 20**

1. Chicken. Bacon. Avocado. Cheese
2. Ham. Tomato. Pineapple. Cheese
3. Banana. Bacon. Cheese
4. Asparagus. Bacon. Avocado. Cheese
5. BBQ Pulled Pork. Avocado. Red Onion. Sour Cream. Cheese

Quiche of the week 20

Served with Chips & Salad

Classic Sandwiches

White, Roll, Wholegrain or Wrap

Ham Cheese Tomato. **8**

Chicken Cheese Avocado. **10**

Egg & Lettuce. **8**

Salad> Lettuce Tomato Beetroot Carrot Cucumber Red Onion **8**

Meat & Salad **10**

Burgers & Seafood

All of our Burger Patties are House Made & Served with Chips

*GF **Classic Chicken burger** with BBQ Sauce, Onion, Tomato, Beetroot & Lettuce **20**

*GF **Classic Hamburger** with BBQ Sauce, Onion, Tomato, Beetroot & Lettuce **20**

Crumbed Whiting Burger with Tartare, Tomato, Beetroot & Lettuce **20**

*GFV **Deluxe Vegie Burger** with Mayo, Avocado, Mushroom, Haloumi, **23.5**

Roasted Sweet Potato, Red Onion, Tomato, Beetroot & Lettuce

*GF **Works Hamburger** A Classic hamburger with Bacon, Egg, **23.5**

Pineapple & Cheese

*GF **Deluxe Chicken Burger** with Garlic Aioli, Avocado, Bacon, **23.5**

Pineapple, Cheese Tomato, Beetroot & Lettuce

*GF **BBQ Pulled Pork Burger** with Crunchy Ranch Slaw & Green Apple **23.5**

*GF **The D.D.C** with Smokey BBQ & Aioli, Dbl Beef Patty, Dbl Cheese, Bacon, **25**

Pickles & Onion

Crumbed Whiting Served with Chips & Salad 23.5

Beer battered Flathead Served with Chips & Salad 23.5

SALADS

*GFV **Classic Garden Salad 17**

Lettuce, Tomato, Carrot, Cucumber, Beetroot, Onion, Pineapple, Cheese,
Avocado, Boiled Egg with Honey Mustard Dressing

Add Chicken or Ham +3

*V **Spiced Pumpkin & Toasted Macadamia Salad 20**

Mixed Greens, Tomato, Red Onion with a Sweet Ginger & Lime Dressing



Flame Trees
CAFE & CAKERY

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contact with WHEAT, EGGS, PEANUTS, TREE NUTS, and MILK.

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LUNCH MENU AVAILABLE MONDAY TO
FRIDAY 6AM - 1:45PM

10% SURCHARGE WEEKENDS

15% SURCHARGE PUBLIC HOLIDAYS

House Made Cakes available in Cake

Display

To order a Celebration cake, go to

www.flametreescafe.com.au

Something Else?

Salmon Croissant 17

Dill & Lemon Cream Cheese. Greens.

Asparagus. Crispy Capers

Spiced Pumpkin Croissant 17

Toasted Walnuts. Goats Fetta. Greens.

Balsamic Glaze

Sourdough Toast 15

1. Peanut butter. Banana.

Canadian Maple. Chia Seeds

2. Nutella. Fresh Fruit. Chia Seeds

3. Vegemite. Avocado. Lemon

Bowl of Chips 10

> Add Tub of Gravy +2

Bowl of Curly Wedges 15

served with Sour Cream & Sweet

Chili

KIDS CHOICE

Spread Sandwich w/ Butter 6

Peanut Butter. Vegemite. Nutella. Honey

Fairy Bread 6

Vanilla Pancakes 12

Ice cream. Canadian maple

Dbl Chocolate Chip Pancakes 15

fresh fruit. Ice cream

The C.C. Burger 15

Burger patty. Cheese. Bacon. BBQ Sauce. Chips

6 Nuggets & Chips W/ Sauce 12

3 Whiting & Chips w/ tartare sauce 12

LIQUOR & COCKTAILS

LIQUOR AVAILABLE FROM 11AM

Great Northern Super Crisp 8

Alcoholic Ginger Beer 9

Basic Spirit & Mixer Tall 11 Short 9

1. Select your Shot

Vodka, Gin. Tequila. Midori, Johnny Walker. Jim Beam. Bundaberg Rum.

2. Select your mixer

Coke, Coke no sugar. Lemonade. Solo. Ginger Beer. Sparkling water. Lime.

Portello. Passionfruit. Rockstar (+1), Orange or Pineapple Juice (+1)

20.00

**keep in mind, our cocktails pack a punch and are more than a standard drink.

Margarita

A classic cocktail made with tequila, lime juice, and cointreau. Served with a salt rimmed glass

Floating Fairy floss

A Flame Tree favourite that consists of vodka, strawberry liquor & sparkling water topped with pink fairy floss

Pine-Lime Vodka & Ginger

A popular cocktail with a twist - a mix of vodka, pineapple juice, ginger beer, sparkling water and lime juice

Espresso Martini

a delightful pick me up made using espresso, kahlua, vodka & sugar syrup

Berry Lemonade

A trendy cocktail mixing together a blend of mixed berries, gin, peach schnapps & lemonade

Midori Illusion

A Crowd pleaser consisting of midori, vodka, cointreau, pineapple juice & lemon